

THE MEETINGS MOVEMENT

Combining your conference with sports and leisure in Southport - to keep your delegates moving!

SHORT WALKS

Queens Jubilee Nature Trail

This picturesque site adjacent to Victoria Park, was restored for the Queen's 40th anniversary. Enter from the Esplanade at one of two entrances, both of which lead on to circular pathways around the site which are linked with paths through Victoria Park to Rotten Row. Many of the paths around the site and the viewing platform are particularly suitable for disabled access. This platform gives excellent views of the beach and high tide roosts of shore birds including Skylarks and Meadow Pulpits.

The viewing platform looking out over Southport beach provides views across the Ribble Estuary to the north and the Welsh Hills to the south.

Churchtown and Botanic Gardens walk

Churchtown is a historic village on the fringe of Southport dating back to the Domesday Book. The **Botanic Gardens**, set in Churchtown is a classic Victorian park, rich in beauty and history. It has its own café, gift shop and aviary too.

[Churchtown and Botanic Gardens walk website](#)

Map co-ordinates: 53.65989 / -2.96174

Southport Park Walks

Back in the town centre is **Victoria Park**, home to the Southport Flower Show. With acres of lawn and a network of pathways, it's ideal for ball games or simply relaxing with a picnic during your free time.

Hesketh Park to Marshside walk

Southport's largest park **Hesketh Park** is a must visit. Experience stunning greenery and a beautiful lake where you can feed the ducks. It's also home to an observatory and one of the UK's oldest floral clocks.

[Hesketh Park to Marshside RSPB Reserve website](#)

Map co-ordinates: 53.65623 / -2.98573

A Seaside Stroll

Take in some of the resort's main landmarks and attractions including Southport Pier, Marine Lake and Lord Street.

[Southport Seaside Stroll website](#)

Map co-ordinates: 53.64725 / -3.00689

CYCLE HIRE:

This service is available at the Eco Centre and Southport Train Station, where bikes can be hired from as little as £6.00 for 4 hours or £8.00 per day. Children's bikes, tag-a-longs, trailers and child seats are also available. For further information, visit www.southportcycletown.gov.uk or call 01704 500996

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LEISURE CENTRES & SWIMMING POOLS

- Dunes Splash World – Tel 01704 537160
www.splashworldsouthport.com
- Victoria Gym – Tel 01704 541220 www.victorialeisure.com
- DW Gym Ocean Plaza Tel 0844 249 5309
www.dwfitnessclubs.com
- Royal Clifton Hotel & Spa and Scarisbrick Hotels
both offer small spa/gym facilities with swimming pools
www.royalclifton.co.uk
www.scarisbrickhotel.com

GOLF

England's Golf Coast offers some of the finest links golf courses in the world. Southport is proud to be home to six championship golf courses within 30 minutes drive of each other, including the world famous Open Championship venue Royal Birkdale as well as Hillside and Formby Hall Golf Resort & Spa.

Tee times, including twilight times can be booked online at Hesketh, Southport & Ainsdale and West Lancashire, and 7 other Englands Golf Coast courses at www.englandsgolfcoast.com where the live online tee time reservation system enables bookings to be made in real time, accurate up to the second from anywhere in the world.

PITCH & PUTT / CRAZY GOLF

If you enjoy golf but haven't time or energy for the full 18 holes, the light-hearted alternatives of pitch & putt and crazy golf are both available here in Southport. The Pitch & Putt course is centrally located on Princes Park near Ocean Plaza Leisure & Retail Park, just off the Marine Way Bridge and is open April – September from 9am. The Crazy Golf course is located close by, in Southport's glorious Kings Gardens, and is available all year round. Call the Tourist Information Centre on 01704 533333 for more information.

10-PIN BOWLING & BOWLS

Premier Bowl & Laser, centrally located at Southport's Ocean Plaza leisure and retail park, offers 20 lanes of 10 pin bowling and Laser Tag gaming

together with bar and diner, open 7 days a week 10am till late. Also available are corporate and group bookings, call Premier Bowl on 01704 543569 direct to book a lane or enquire about corporate availability.

For those preferring a more sedate pace, Flat Green Bowls is available at Southport Bowling Club, open April to September with free tuition available, café and bistro all located close to the town centre in Southport's picturesque Kings Gardens. Call the Club House on 01704 501388 to enquire.

SAILING & WATERSPORTS

Southport's Marine Lake is one of the largest man-made leisure pursuits lakes in England. The lake is home to various watersports clubs including sailing, water-skiing and rowing.

Waterside Lodge is a modern, purpose built Activity Centre located on Southport's Marine Lake, off Marine Drive. Waterside Lodge offers a plethora of pre-bookable water based group activities such as canoeing, kayaking and even dragon boat racing, with qualified instructors and all the equipment available for hire. To book a group activity for a minimum of 9 people, please call 01704 510900 for availability and prices.

Southport Sailing Club is also based at the Marine Lake and together with a packed events calendar offers social sailing 7 days a week and occasional "Try a Sail Days". Check their website www.southportsailingclub.org.uk for details on what's coming up.

SOUTHPORT & BIRKDALE SPORTS CLUB

Located just outside Southport in the neighbouring village of Birkdale, Southport & Birkdale Sports Club offers a range of sports facilities available on an ad-hoc basis, including tennis courts, squash courts, snooker and even a cricket pitch! For more information or to make a booking, call 01704 569951 or go to www.sandbsportsclub.co.uk

EQUESTRIAN FACILITIES

Bowlers Riding Centre in nearby Formby offers a host of riding services available for beach walks, hacking, or even a half day course. All equipment necessary is available for hire and the horses and ponies available can even be viewed on their website! www.bowlersridingschool.co.uk

For more information on things to do while in Southport, go to
www.visitsouthport.com